

WILDWOOD HIGH/MIDDLE SCHOOL
WILDWOOD, NEW JERSEY



INTERSCHOLASTIC CONTRACT/AGREEMENT

The following contract has been established to provide communication between the coach, athlete, and family. We ask that the coach, athlete, and parent sign this interscholastic agreement, fully realizing the effort and dedication the athletic program demands.

TO THE STUDENT-ATHLETE **IT'S YOUR PRIVILEGE**

One of the good things about interscholastic athletics is that it is a completely voluntary program. You are not obligated to take part in any interscholastic sport. Participation is not required for graduation nor do you need athletic credits for college entrance. Sports involvement does require extra effort and extra time voluntarily.

However, even though interscholastic sports are voluntary, those participating represent their school. Therefore, the standards must be high. This includes academic requirements, school citizenship, and sportsmanship. The dignity of your school program is reflected through interscholastic athletics, which is why you and your teammates must conduct yourselves in an exemplary manner.

Selection of team members must not be based upon athletic performance alone, but also upon attitude, conduct and cooperation. The athlete must represent the student body in a manner which complements the school and the community.

Because representing Wildwood High/Middle School in athletics is a privilege, it follows logically that the school administration or coach has the authority to revoke the privilege when the athlete does not behave in an acceptable manner. This responsibility exists not only while on the field, court, or track, but good conduct is also required at other times and, most certainly, at school.

Upon fulfilling the requirements to be an athlete of any interscholastic sports program, you must use extreme caution when utilizing any and all social networking websites or internet applications. You may not "post" any comment, link, or image that depicts the athlete engaged in any activity contrary to acceptable behaviors regarding the school, the sport, the coach, teammates, or officials of a particular contest. Further, if such comments, links, or images are found to be posted by you, your actions will be considered insubordinate and you will be subject to the ATHLETIC DISCIPLINE POLICY. Moreover, you may not use any gestures of the hands that would represent gang affiliation when posing for a photograph with your teammates.

TO THE PARENT OF THE STUDENT-ATHLETE

Wildwood High/Middle School, its Athletic Department, and its coaches expect you, as the parent of a student-athlete, to be encouraging to your child and to his/her coaches and teammates. While viewing sporting events involving one of our interscholastic teams, either at WHS/WMS or abroad, we ask that you refrain from making negative comments about any and all of the players, coaches or officials involved in the contest.

It is the responsibility of our athletic coaches to communicate and inform all those involved in their program about factors relevant to their team. It is the responsibility of the athlete and their parents to support the coach's decision.

If an issue arises between you and the coach, please follow the procedure below to discuss the matter:

1. A first hand message can be left for any Coach that teaches at the school or in the district.
2. You may leave a voice-mail message by calling (609) 522-7922 and following the prompts for the coach's voice-mail extension or you may send an e-mail message by finding the coach's address on the school's website. If the coach does not teach in the district, contact information will be provided for you.
3. Please do not confront a coach before, during or after a contest or practice. At these times emotions are high and resolution is not promoted.
4. There will be no in season parent/coach meetings. A post season meeting can be scheduled through the Athletic Office.
5. If there is a concern that needs to be addressed immediately, please contact the Athletic Office.

TRYOUTS/Cutting:

Roster limitations, safety issues, and teacher-pupil ratio are some reasons cut policies are put in place.

The determination of what players "make" athletic teams will be the sole decision of the coach or coaches. Every student interested in trying out for any squad will be given fair and equal treatment in regard to a position on the team regardless of previous determining factors. Previous team status does not guarantee making the team, regardless of year in school. Attendance at tryouts/practices may be used as criteria for making or not making the team. If you are unclear about any procedures or expectations, please contact the coach first.

PLAYER INFORMATION/EXPECTATIONS

Playing time is not guaranteed by anyone. At the varsity level, coaches will play players who they feel give them the best chance to succeed regardless of grade/class. The JV level is focused on player development.

EXPECTATIONS OF THE STUDENT-ATHLETE

Players are expected to:

1. **Practice academic commitment.** Balancing academic responsibilities with athletic commitments and maintaining eligibility requirements is a responsibility for student-athletes.
2. **Adhere to athletic and school policies.** Understanding and adhering to athletic department policies, including those related to eligibility, conduct, and participation, is a responsibility for student-athletes.
3. **Attend all practices and games.** Regular and punctual attendance at team practices is crucial for skill development and team cohesion.
4. **Participate in team activities.** Involvement in team-building activities, meetings, and events fosters a sense of camaraderie among teammates.
5. **Maintain your physical fitness.** Maintaining personal physical fitness, both during the season and in the offseason, is important for optimal performance on the field.
6. **Adhere to team rules.** Compliance with team rules, codes of conduct, and guidelines set by coaches and the athletic department is essential.

7. **Respect teammates.** Respecting and supporting teammates, regardless of differences, contributes to a positive team culture.
8. **Respect coaches.** Showing respect for coaches, listening to instructions, and being open to constructive feedback are key responsibilities.
9. **Show sportsmanship.** Displaying good sportsmanship during games and interactions with opponents, officials, and spectators is a fundamental expectation.
10. **Take care of equipment.** Proper care of team equipment, uniforms, and personal gear is essential to ensure a smooth and organized operation.
11. **Have communication with coaches.** Open and honest communication with coaches regarding concerns, injuries, or other relevant issues is expected.
12. **Self-Advocate.** Players should communicate their needs, such as injuries or personal challenges, to ensure appropriate support from coaches and the athletic staff.
13. **Show commitment to continuous improvement.** Actively working on skill development, seeking ways to improve individual and team performance, and being open to learning new strategies are responsibilities for players.
14. **Show leadership.** Taking opportunities to develop leadership skills, whether as a captain, mentor, or supportive teammate, contributes to the overall success of the team.
15. **Be a positive role model.** Being aware that as a student-athlete, one is a representative of the school and the team, and maintaining a positive image both on and off the field.

These responsibilities contribute not only to the success of the individual player but also to the overall effectiveness and positive culture of the high school sports program.

TO THE PARENT:

When watching your child participate in high school sports, it's important to maintain a positive and supportive attitude. Here are some good practices for parents:

1. **Positive Encouragement:** Offer positive encouragement regardless of the outcome. Focus on effort, improvement, and the overall experience rather than just the results.
2. **Respect for Coaches and Officials:** show respect for the coaches, referees, and officials. Avoid negative comments or criticism, and let the coaches handle the coaching.
3. **Cheer for the Team:** Support the entire team, not just your child. Encourage a positive team atmosphere by cheering for all players.
4. **Respectful Behavior:** Display good sportsmanship by modeling respectful behavior toward opponents, their parents, and the opposing team's supporters.
5. **Avoid Coaching from the Sidelines:** Refrain from coaching your child from the sidelines. Let the coaches provide guidance and direction during the game.
6. **Be Mindful of Language:** Be mindful of your language and tone, ensuring that your expressions are positive and supportive.
7. **Understand the Rules:** Familiarize yourself with the rules of the sport. This helps you appreciate the game better and reduces frustration.
8. **Respect Your Child's Choices:** Respect your child's decisions about their involvement in sports. Support them whether they want to continue or try a different activity.
9. **Stay Calm:** Maintain composure during the game, especially in intense or challenging situations. Your calm demeanor can positively influence your child's experience.
10. **Avoid Overemphasis on Winning:** While winning is important, avoid placing excessive emphasis on it. Emphasize effort, teamwork, and personal growth.
11. **Provide a Supportive Environment:** Create a supportive home environment where your child feels comfortable discussing their experiences, whether positive or challenging.
12. **Celebrate Achievements:** Celebrate your child's achievements, both big and small. Recognize their hard work and dedication.
13. **Attend Team Events:** Attend team events and activities to show support for the entire team and build a sense of community.

- 14. Promote Balance:** Encourage a balance between sports, academics, and other extracurricular activities. Help your child avoid burnout.
- 15. Encourage Fun and Enjoyment:** Emphasize the importance of having fun and enjoying the sport. The overall experience is more important than just winning.
- 16. Express Love and Pride:** Express your love and pride in your child's efforts and achievements. Let them know you appreciate their hard work and commitment.

By following these good practices, you contribute to a positive and supportive sports environment for your child and their team.

SOCIAL MEDIA

Athletes who use any form of social media will be disciplined accordingly for inappropriate pictures, comments, or videos posted on their site or others. Athletes who post what they think are "private" comments or photographs that become public will be held accountable. Players are cautioned that NO ONE in our athletic program put anything on social media that would embarrass themselves, their family, or the school. Remember - once it goes on social media, it can be distributed to the public. Also, realize that whatever comments are made are in the public domain.

In no way does any hidden agenda enter in the athletic programs. Each student has an equal opportunity to be a member of a sports team. Ability, positive attitude, good behavior in school and success in the classroom are the major determining factors when selecting players for our teams. Where they live, connections and parent involvement are non-factors.

ELIGIBILITY (NJSIAA)

TO BE ELIGIBLE FOR ATHLETIC COMPETITION:

High School

- A. To be eligible for athletic competition during the first semester (September 1 to January 31) of the 10th grade or higher, or the second year of attendance in the secondary school or beyond, a pupil must have passed 25% of the credits (30) required by the State of New Jersey for graduation (120), during the immediately preceding academic year.
- B. To be eligible for athletic competition during the second semester (Feb. 1 to June 30) of the 9th grade year or higher, a pupil must have passed the equivalent of 12.5% of the credits (15) required by New Jersey for graduation (120) at the close of the preceding semester (Jan. 31). Full-year courses shall be equated as one-half of the total credits to be gained for the full year to determine credits passed during the immediately preceding semester.
- C. If an athlete is eligible at the start of the sports season, he/she remains eligible for the entire sports season regardless of his/her grades at the end of the marking period.
- D. An athlete becomes ineligible for high school athletics if he/she attains the age of 19 before September 1. However, any athlete attaining the age of 19 after September 1 shall be eligible for the ensuing school year.
- E. No student shall be eligible for high school athletics after the expiration of 8 consecutive semesters following his/her entrance into 9th grade.

Middle School

- A. Any middle school student in grades 6, 7, and 8 is eligible for interscholastic middle school sports, provided they will not turn 16 years of age prior to entering high school. In this case, the student must participate in high school sports as an 8th grader.
- B. To be eligible for athletic competition for interscholastic middle school sports, the student must not have failed two or more subjects during the immediately preceding academic marking period.
- C. To remain eligible for athletic competition for interscholastic middle school sports during the season, the student must not have his/her grades in two or more subjects fall below a failing level (69 or below).

WILDWOOD HIGH/MIDDLE SCHOOL

ATHLETIC DISCIPLINE POLICY

I. PHILOSOPHY

The goal for Wildwood Middle School and High School students is to develop young adults who are capable of making good, sound decisions regarding both their academic preparation and how they conduct themselves in our school and our community. We expect our students to conduct themselves as “responsible” young adults. The interventions and consequences imposed adhere to our overarching goal of keeping students in class and engaged in meaningful activities designed by our teachers.

Our school believes in a restorative approach with discipline, allowing for intervention and consequence strategies to promote student self-reflection.

II. PROCEDURE FOR DISCIPLINE

WILDWOOD HIGH SCHOOL DISCIPLINARY CODES

ADMINISTRATIVE WARNING (AW) - A warning provided to the student during a discussion about the incident.

LUNCH DETENTION (LD) (5 Points) – A detention program held during the student’s lunch period. Lunch detentions will run on Tuesdays, Wednesdays, and Thursdays.

AFTER-SCHOOL DETENTION 30 (ASD 30) (10 Points) – A 30-minute detention program held immediately after dismissal on Tuesdays and Thursdays.

AFTER-SCHOOL DETENTION 60 (ASD 60) (20 Points) – A 60-minute detention program held immediately after dismissal on Tuesdays and Thursdays.

IN-SCHOOL SUSPENSION (ISS) (25 Points) –An intermediate step before an external suspension. Administrators place students into the In-School Suspension Program where they will be removed from the general student population in a classroom monitored by the in-school program proctor. Students who do not comply with the rules for the In-School Suspension Program will be assigned additional days or issued External Suspension.

EXTERNAL SUSPENSION (ES) (30 Points) - When a student is suspended from school, the parent/guardian of the pupil will be required to attend a mandatory in-school conference with the administration. After the student has served the suspension and, with their parent/guardian, has attended the conference and agreed to the reinstatement terms, the student will be readmitted to classes. It is understood that while on External

Suspension the student may not attend or participate in activities, trips, or sports. **Students on external suspension are not permitted on school grounds or at school events during or after the school day.**

POINT SYSTEM/ACTIVITY RESTRICTION

Students who accumulate 100 or more points will not be eligible for school events, athletics, clubs, sporting events, etc. The administration will place these students on Activity Restriction. Students will have the ability to participate in restoration activities to eliminate points with administrative discretion. In addition, if a student has no infractions for 30 days, then the administration will deduct 30 points from his or her total.

To achieve the proper goals of athletics, proper conduct by the athlete must be displayed at all times. Cooperation between the athlete, parent, and coach must be maintained for an athletic program to be successful.

The ultimate goal of all disciplinary action shall be to help develop self-discipline on the part of the athlete. In doing so, the disciplinary action shall always meet the following criteria:

- a. Counseling is provided explaining what behavior is acceptable.
- b. Disciplinary action is fair and consistent to the athlete in view of the nature of the offense.
- c. Notice is given to the athlete regarding the consequences to expect if the unacceptable behavior is not corrected.
- d. Disciplinary action is progressively stern and commensurate with the nature of the offense.

Athletes are expected to follow the policy governing student behavior.

1. When an athlete violates the discipline policy, the parent/guardian will receive a written explanation of the infraction. The form will be signed by the coach and the athlete.
2. When an athlete is dismissed from a team, a letter will be sent to the athlete, parent, principal, supervisor of athletics and the case manager, when appropriate. When an athlete is enrolled in an alternative school or under the direction of a child study team, the coach will maintain communication with the case manager.
3. Coaches are to review the discipline rules with their athletes prior to the first practice. This will be the athlete's first warning.

III. OFFENSES AND RELATED ACTIONS

Disciplinary action for the following offenses include:

1. Unexcused Absences or No Call/No Show From Practice:

See the student handbook for what is considered an excused absence. Absences will be considered excused from the sport once the athlete presents the proper paperwork to the coach. A parent/guardian must call and notify the coach about the reason for an absence. A phone call is not an automatic excuse. A reason must be given, and the coach will determine the validity of the excuse. Under no circumstances will an athlete be excused from practice or game to go to work.

1st Offense: Suspended from next game or scrimmage.

2nd Offense: Suspended from next 2 games or scrimmages (except football and Fall cheerleading due to short schedule/1 game) and a warning note sent to parents.

3rd Offense: Immediate dismissal from the team.

2. Unexcused Absence From Game:

1st Offense: Dismissal or 2 game suspension (except football and Fall cheerleading/1 game) at coach's discretion.

2nd Offense: Immediate dismissal.

Exception: If an unexcused absence occurs the last game of the season, the athlete may be dismissed from the team.

*Suspended athletes must attend all practices and games but do not dress or participate. Failure to appear will result in immediate dismissal.

*except when a state rule is in effect, which prohibits the suspended athlete from being present at the game.

3. Fighting, Abusive Or Unsportsmanlike Conduct:

1st Offense: One game suspension (next game). Or if the conduct is of a flagrant nature, such as immediate dismissal.

2nd Offense: Immediate dismissal.

4. Insubordination:

1st Offense: One game suspension or immediate dismissal if the violation is of an abusive or flagrant nature.

2nd Offense: Immediate dismissal.

5. Ejection From A Contest:

N.J.S.I.A.A. now makes it mandatory that the athlete must be suspended for the next two games except football, which will be one game:

1st/2nd Offense: Coaches may dismiss the athlete from the team, depending on circumstances.

3rd Offense: Automatic dismissal from the team.

6. Attendance:

Every athlete is expected to attend school each day. If a student is late to school, he/she must report prior to the end of 3rd period in order to be eligible for practice or to participate in any interscholastic contest for that day. If you are absent (unexcused) from practice the day before a contest, you may not play in the contest. Emergency situations will be handled by the coach in conjunction with the athletic director.

Athletes are encouraged to schedule medical appointments so that there are no conflicts with practice or contests.

Athletes will not be excused from practice or games to go to work. This is positively inexcusable and unfair to the rest of the team.

7. Forgeries:

If an athlete is found to have forged his/her permission or physical forms, the athlete will be immediately dismissed from the team.

8. Extra Curricular Meetings:

Student athletes are to show school citizenship, therefore, attendance at club meetings will be permitted provided the student/athlete presents to the coach a signed pass from the advisor. Athletes are expected to report to practice immediately following their extracurricular meetings, violators will be subject to disciplinary action.

9. Note:

An athlete may not quit one sport and begin practice with another. He/she must successfully complete his/her season before starting practice with another team. **(Exception - - if an athlete is released or cut from a team, the athlete may request to try out for another sport. Permission from the coaches of both sports must be granted before the athlete joins the new team).**

**WILDWOOD HIGH/MIDDLE SCHOOL
WILDWOOD, NEW JERSEY**

**ATHLETIC DEPARTMENT
ATHLETIC CONTRACT APPEAL PROCEDURES**

There are occasions when extenuating circumstances surround a student's violation of the Athletic Contract/Agreement. Therefore, the following appeal procedure has been established for such occasions:

1. When an athlete's actions or behavior violates the Athletic Contract, a parent or guardian may file a written appeal to the Athletic Appeals Committee, which will consist of the following: either the Athletic Director and two offseason head coaches or the Athletic Director, two offseason head coaches and a current faculty member that was a former coach.

2. A written reason for the appeal must be submitted to the Athletic Appeals Committee; which will consist of the following: either the Athletic Director and two offseason head coaches or the Athletic Director, one offseason head coach and a current faculty member that was a former coach, within three (3) calendar days after receiving notification of the violation.

3. The Athletic Appeals Committee; which will consist of the following: either the Athletic Director and two offseason head coaches or the Athletic Director, one offseason head coach and a current faculty member that was a former coach, will notify the parents of the committee's decision in writing within three (3) calendar days after the appeal violation.

4. If the parent or guardian is not satisfied with the decision of the Athletic Appeals Committee, which will consist of the following: either the Athletic Director and two offseason head coaches or the Athletic Director, one offseason head coach, and a current faculty member that was a former coach, a written request to meet with the principal must be submitted within two (2) calendar days after meeting with the Athletic Appeals Committee. The parent/guardian will be notified of the principal's decision within three (3) calendar days after the appeal hearing.

5. The principal's decision will be final.

WILDWOOD HIGH/MIDDLE SCHOOL

WILDWOOD, NEW JERSEY

INTERSCHOLASTIC CONTRACT/AGREEMENT/PERMISSION FORM

Before participation in any interscholastic sport, all athletes are required to:

1. Complete the **“Health History Questionnaire”**
2. Pass a physical examination **“Physical Evaluation Form”** by a licensed provider
3. Sign this **Interscholastic Contract/Agreement** (athlete and parent/guardian)
6. By signing below, the student/athlete and parent/guardian agree that they have reviewed all of the paperwork and forms. This information can be accessed on the athletics website.

WE HAVE READ THE CONTRACT/AGREEMENT AND AGREE TO ABIDE BY ALL RULES PERTAINING TO THE WILLIAMSTOWN HIGH SCHOOL/MIDDLE SCHOOL ATHLETIC PROGRAM

I recognize my responsibilities if I try out for the above sport. I will make it a point to govern myself so that my association with this sport will bring honor to it and the school, and expect to be asked to withdraw from the team in case I do not.

If extended the above privilege, I will:

- A. Train consistently as advised by the coach.
- B. Abide by all training rules
- C. Make a serious endeavor to keep up my studies.
- D. Make it a point to abide by the rules and regulations of the student body.
- E. So conduct myself, at all time, that I will bring credit to my team.

I promise on my word of honor to do the above.

PARENT'S WAIVER

I/We give our permission for _____ to participate in organized high school athletics, realizing that such activity involves the potential for injury, which is inherent in all sports. I/We acknowledge that even with the best coaching, use of the most advanced protective equipment, and strict observance of rules, injuries are still a possibility. On rare occasions, these injuries can be so severe as to result in total disability, paralysis, or even death.

I/We acknowledge that I/We have read and understand this warning.

Parent/Guardian Signature

Student/Athlete Signature