



Attention all athletes! Please plan ahead for the upcoming season. Always make sure to get your annual physicals done well in advance. In the event that you didn't, here are some locations to help you so you can get your clearance in on time.

Sports Physicals Locations:

- Stanford Teen Health Van
(must be uninsured or underinsured to [book an appointment](#))
COST: FREE!
- Dignity Health Sequoia
830 Jefferson Ave
Redwood City, CA 94063
(650) 861-0616
COST: \$75
- Concentra Urgent Care
125 Shoreway Rd, Suite A
San Carlos, CA 94070
(650) 556-9420
COST: \$47
- AED Urgent Care - Newark
5763 Stevenson Blvd
Newark, CA 94560
(510) 656-5700
COST: \$62 Card \$60 Cash
- Wellness Mart
1901 Old Middlefield Way
Mountain View, Ca 94043
(833)944-3144
COST: \$45